

Town of Chapel Hill

Council Salute

WHEREAS, in North Carolina 16.1% of youth ages 10 to 17 have obesity, giving North Carolina a ranking of 18th among the 50 states and Washington D.C.; and

WHEREAS, only 19.9% of North Carolina youth are physically active for the recommended 60 minutes a day; and

WHEREAS, physical activity provides important benefits for children, such as reducing the risk of obesity, building strong bones and muscles, contributing to better mental health and improving academic performance; and

WHEREAS, children with disabilities who participate in sports optimize their physical functioning and minimize deconditioning; and

WHEREAS, 94% of Fortune 500 women CEOs played sports while growing up; and

WHEREAS, the Department of Health and Human Services along with the Office of Disease Prevention and Health Promotion and the President's Council on Sports, Fitness & Nutrition have created the National Youth Sports Strategy as a resource for policy-makers and sports leaders; and

WHEREAS, this strategy "aims to unite U.S. youth sports culture around a shared vision: that one day, all youth will have the opportunity, motivation, and access to play sports – regardless of their race, ethnicity, sex, ability, or ZIP code"; and

WHEREAS, Carolina Athletics will become the first Division I Athletic Department to support the National Youth Sports Strategy public health policy; and

WHEREAS, Carolina Athletics is joined by the University of North Carolina at Chapel Hill, UNC Health and the UNC Gillings School of Global Public Health as supporting institutions; and

WHEREAS, Carolina Athletics signified this commitment with a virtual event on Wednesday, November 18, 2020 which included Carolina's 22 coaches signing a pledge to support national, state and local efforts to expand youth sports participation in America; and

WHEREAS, Carolina Director of Athletics Bubba Cunningham said "The more we can encourage young people to play sports and to stay active, the better the opportunity for them learn, to build social fundamentals, to stay healthy, and to stay in school."; and

WHEREAS, Carolina Athletics recognizes the Town of Chapel Hill Parks & Recreation Department as one of the major providers of youth sports opportunities in the town.

NOW, THEREFORE, we the Chapel Hill Town Council does hereby applaud Carolina Athletics for being the first Division I Athletic Department to support the National Youth Sports Strategy and the joins Carolina Athletics in promoting youth sports opportunities for all of our youth.

GIVEN UNDER MY HAND AND THE SEAL OF THE TOWN OF
CHAPEL HILL, ON THIS THE EIGHTEENTH DAY OF NOVEMBER IN
THE YEAR TWO THOUSAND TWENTY



Ram Hemm
